## Quadruple Visual Analogue Scale

Name
Date

Please circle the number that best describes the question being asked.
If you would like to mark for more than one type of pain for each question, please label the additional circles.
For example, you may use " $N$ " for neck, "LB" for lowback, and "H" for headaches.

| painfree |  | What is your pain right now? |  | worst <br> possible <br> pain |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |


| painfree |  | What is your typical or average pain? | worst <br> possible <br> pain |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |


| painfree |  | What is your lowest pain level? |  | worst <br> possible <br> pain |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |


| painfree |  | What is your pain level at its worst? |  | worst <br> possible <br> pain |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Comments $\qquad$
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